



Name _____



Tooth Fairy Star Chart

My next visit to the dentist is on:



I didn't eat sugary snacks between meals



I only drank water or milk between meals



I brushed my teeth for 2 mins this morning



I ate tooth friendly snacks today



I brushed my teeth for 2 mins before going to bed

Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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Saturday

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Sunday

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